

Parent Assist
Parenting Coach Services

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Intake Information

Demographics and History

Parent's names and ages:

Parent's occupations:

Address:

Mom's phone numbers:

Home: Work: Cell:

Email:

Dad's phone numbers:

Home: Work: Cell:

Email:

Marital Status:

Please explain how you feel your current (and/or past) marital status has positively or negatively affected your children?

Please list each of your children's names, ages and personality traits.

Current Concerns

Please list any current concerns you have with any of your children.

What have you tried so far to resolve these issues?

What has been effective? Ineffective?

Approach to Discipline

How have you disciplined your child(ren) now and in the past?

Do you feel your current methods of discipline are:

Effective?

Healthy?

Appropriate?

Looking back to your own childhood, what methods of discipline did your parents use?

Were your parent's methods effective? Why or why not?

Parenting Goals

What type of help are you looking for from Parent Assist?

Why have you decided to start coaching now?

What would a successful coaching outcome look like? What specifically would be different?

Please describe your overall goals as a parent?

Please describe a time you felt you were at your best/worst as a parent?

Please use the reverse side to list questions for Parent Assist?