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Parenting Coach, Licensed Psychotherapist

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PARENT ASSIST
Monthly Contract

- 1) Payment of \$420 is paid in full at the beginning of the first session. This fee covers the cost of 3 Parenting Coaching sessions scheduled throughout the month. You may pay as you go (\$140/session) if you prefer. Email support is available for the **FIRST MONTH ONLY**. The fee for email support is \$200. Email support begins on the first session and ends 30 days later. **This is an optional service offered to new clients only.**
- 2) Please circle if you would like the email support option. Yes No
- 3) This contract begins on _____ (first session scheduled).
- 4) I understand I may continue or complete coaching at the end of this contract. I have scheduled 3 sessions for the following dates:

Cancellations require 48 hours notice. If proper notification is not given, the session is forfeited and the full fee is charged. Exception: snow or ice.

- 5) The coaching hour is 50 minutes long. This usually begins on the hour and ends at 10 minutes before the hour. The Coaching experience is confined to the contracted time.
- 6) I understand I am not enrolling in a therapy experience. If it is determined that therapy is necessary, my Coach will make those recommendations as appropriate.
- 7) It is helpful to know, as a consumer of Coaching, that to get the most from this experience, you will be given homework assignments each session. Although it is not required, completing the homework is strongly encouraged to maximize the benefits of this experience.

I have read the above contract and have had the opportunity to ask questions. I agree to the conditions of this contract. I understand everything discussed during coaching sessions is confidential. Confidentiality may only be broken if there is suspected physical or sexual abuse in the home.

Client Signature

Date